

JULY 2021

SENIOR CENTER NEWSLETTER



San Bruno Senior Center reopens on Monday, July 26, 2021

We are so excited to welcome everyone back to the San Bruno Senior Center!

The lunch and transportation programs will return as well as many of our popular classes and programs. Some activities such as large parties and bus day trips will be back later in the year. Announcements will be made through the newsletter each month.

With the opening of the Senior Center, the lunch program will be gradually restored to the original format of in person dining only. If you are part of the grab and go or meal delivery program, staff will contact you about the changes. We welcome everyone to come to the Center to eat their delicious meal, visit with friends, and maybe even find a new hobby or activity.

Should you have any questions, you can contact the Senior Center main line at 650-616-7150.

We ask that if you are not fully vaccinated, you wear a face mask when entering the Senior Center. And for the safety of all, we encourage everyone to wear a mask while visiting the Center. Masks will be made available to all at the front desk.

JULY LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
26 Spaghetti & Meatballs (D)	27 Chicken A la King Egg Noodles (D)	28 Salmon & Dijon Cream Sauce Rice Pilaf (D)	29 Turkey Sandwich Tomato Basil Soup (D)	30 Meatloaf with Gravy Mashed Potatoes (D)

The suggested donation is \$3.00 per meal. The Program is funded in part by the Older Americans Act and is available for adults who are 60 years and older. Meals are first come, first serve. There will be a limited number of lunches and there will be no lunch alternatives such as the salad bar. We may sell out on certain days so early arrival is recommended. No advance reservations will be taken.

The menu is subject to change. (D) indicates dish has dairy.

FREDDIE'S CAFÉ

Freddie's Café will return with limited choices.

Soda, Water, Keurig Coffees, Ice Cream, and Chips will be available for purchase.



BILLIARDS ROOM

The Billiards Room will be open for drop in play from 8:00am to 4:00pm, Monday through Friday beginning July 26. Extra pool sticks are available for use in the room!

Lunch Time Entertainment at the Senior Center

Monday @ 10:45am: Bob Gutierrez Band starts July 26

Tuesday @ 10:30am: Music with Joe starts August 3

Wednesday @10:45am: Bob Gutierrez Band starts July 28

Thursday@ 11:30am: Accordion Music with Vince starts July 29

Select Fridays @ 11:00am: Various Soloists starts in August

JULY & AUGUST ACTIVITIES

All classes and programs begin the week of July 26 unless otherwise noted.

Monday	8:15am Hike 9:00am Mahjong 9:00am Ceramics 9:00am Bocce 12:20pm Int. Tap 1:00 Bingo (starts September 1) 1:00pm Computer Club 1:20pm Beg. Tap
Tuesday	9:30am Zumba Gold NEW DAY! (starts August 3) 10:00am Spanish 10:30am Sit & Workout (starts September 7) 11:30 Bocce 12:30pm Beg. Line Dancing (starts August 3) 1:00pm Ukulele 1:00pm Computer Club
Wednesday	8:15am Hike 9:00am Advanced Line Dance (starts September 1) 9:30am Stained Glass 9:30am Horseshoes 1:00pm Bingo (starts September 1) 1:00pm Computer Club 1:00pm American Line Dance Level 1 (starts August 18) 2:00pm American Line Dance Level 2 (starts August 18)
Thursday	9:00am Fun & Fitness Exercise (starts September 2) 9:30am Softball 10:00am Creative Writing 12:30pm Pedro 12:30pm Music & Motion (starts August 19) 1:00pm American Line Dancing (starts August 19) 1:00pm Painting 1:00pm Computer Club
Friday	8:15am Hike 9:30am Knitting 9:30am Crocheting 9:45am Zumba Gold 11:00am Gardening 1:00pm Bingo (starts September 1) 1:00pm Ping Pong 1:00pm Bridge 1:00pm Computer Club

SUNDAY DANCES ARE BACK!

1ST SUNDAY OF THE MONTH

Returning September 5

Line Dance with Jeanette Feinberg

1:00-4:00pm, \$7 per person

Lessons, refreshments, and dancing

2ND SUNDAY OF THE MONTH

Beginning in September

Social Line Dance Mixer with Allen Isidro

1:00-3:00pm, \$10 per person

Lessons, refreshments, and dancing

3RD AND LAST SUNDAY OF THE MONTH

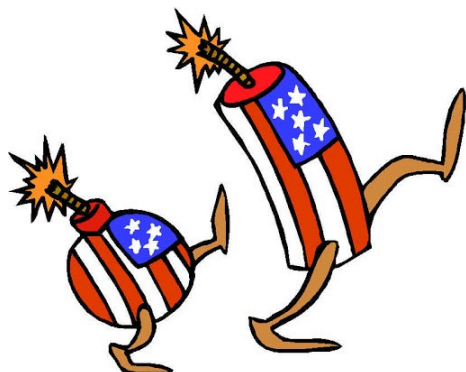
Returning August 15 & August 29

Come and dance the afternoon away with the Bob Gutierrez Band. Refreshments served by your hosts Raoul Epling and Akira Tsunoda.

1:00-3:30pm, \$5 per person



4th of July Dance Party with Have A Party Pros



Friday, July 2
2:30 – 4:00pm
Senior Center Parking Lot

Celebrate America's Independence with a fun dance party! Join Joe and Kathy for an exciting parking lot event you don't want to miss! They will play music for your listening and dancing pleasure. Light snacks and a treat for everyone. Pre-registration is mandatory. No drop-ins allowed. Call the Senior Center at 650-616-7150 by June 28 to register. Space is limited. Please park in the lot across the street for this event.